



YEAR 1 - FALL (15 credits)		YEAR 1 - SPRING (15 credits)	
ENG 122 College Composition (LAW1*)	3 credits	SES Elective	3 credits
SES 202 Lifetime Sport and Physical Activities	3 credits	Liberal Arts Curriculum (LAW2*)	3 credits
Liberal Arts Curriculum (choose one LAA1, LAA2, LAA3, LAA4 that is also a LAMS or LAIS*)	3 credits	Liberal Arts Curriculum (LAA1, LAA2, LAA3, or LAA4*)	3 credits
Liberal Arts Curriculum (LAH1*)	3 credits	Liberal Arts Curriculum (LAX1*)	3 credits
Liberal Arts Curriculum (choose a LAB1, LAB2, or LAB3 that is also a LAMS or LAIS*)	3 credits	Liberal Arts Curriculum (choose an additional course from LAA, LAB or LAH*)	3 credits
YEAR 2 - FALL (16 credits)		YEAR 2 - SPRING (15 credits)	
FND 250 Principles of Nutrition (LAS1*)	3 credits	SES 170 Intro. to Field Experience ¹	1 credit
SES 210 Developmental. Appropriate Elementary Act.	3 credits	SES 221 Weight Training Techniques	1 credit
SES 220 Anatomical Kinesiology (LAS1, LASL*)	4 credits	SES 240 Secondary PE Content	3 credits
SES 243 Outdoor & Adventure Programming	3 credits	SES 266 Intro. to P.E. as a Profession ¹	3 credits
University-wide Elective	3 credits	SES 323 Motor Learning & Development	3 credits
*Initial Admission to PTEP		SES 338 Teaching Diverse Populations	4 credits
YEAR 3 - FALL (16 credits)		YEAR 3 - SPRING (16 credits)	

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*Application for Student Teaching	
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*See the [Liberal Arts Curriculum](#) webpage for more information

This four-year plan is a recommended schedule to complete your bachelor's degree in 4 years. Every UNC student must meet the following requirements in order to graduate with a bachelor's degree: earn a minimum of 120 semester credit hours; possess a minimum of a 2.00 cumulative grade point average; have at least 31 credit hours in courses designated as Liberal Arts Curriculum; meet all degree requirements in the student's major field of study. Each major and/or concentration may have additional requirements necessary for graduation. **Students must consult with their major advisor to receive information on any additional graduation requirements.**

Admission Requirement –

BS Sport and Exercise Science – PE K-12 Teaching (cont.)

Contact Information –

Dr. Jennifer Krause

Gunter 2660, 970-351-1755

School Web Page: <http://www.unco.edu/nhs/ses/>

Notes –

1. ¹SES 266 Intro. to P.E. as a Profession and SES 170 Intro. to Field Based Exp. are taken concurrently.
2. ²SES 340 Planning, Assessment, and Instruction in P.E. and SES 441 Physical Education Technology are taken concurrently.
3. ³Prior to student teaching, students must have successfully completed all required Sport and Exercise Science K-12 Licensure Program courses, be fully admitted to the major and PTEP programs, achieve proficient or advanced on all Dispositions, hold current First Aid/CPR certification, and pass the state licensure examination.
4. Students will have to complete an annual Oath and Consent form.
5. Students who plan to apply for K-12 Teacher Licensure in the State of Colorado must student teach at both the elementary and secondary levels.

The mission of the undergraduate Physical Education Teacher Education program at the University of Northern Colorado is to prepare future physical educators with the knowledge, skills, and dispositions to develop physically literate K-12 graduates. This mission will be accomplished by providing students with classroom and field-based experiences that cultivate expertise in the areas of motor skill development, health-related fitness, program design, instructional te